

MAY 2018

SEDRO-WOOLLEY

CityScene

INSIDE THIS ISSUE

SWIFT CENTER:

The Future of
Northern State

UPCOMING EVENT:

Blast from
the Past

PRSR1 STD
US Postage
PAID
Seattle, WA
Permit No. 1
ECRWSS
Postal Customer



Windermere

REAL ESTATE

NORTH CASCADES

Windermere specializes in the sale of Residential & Commercial properties as well as Property Management.

We have professional, knowledgeable Realtors ready to assist you with your real estate needs today!



Becky Elde | Broker
CRS, GRI, E-Pro
360.770.9427
www.BeckyElde.com
beckyelde@windermere.com



Dick Nord | Commercial Specialist
360.661.6529
www.SkagitCommercialProperties.com
dicknord@windermere.com



Bette Thompson | Broker
360.840.5109
www.BetteThompson.com
bettethompson@windermere.com



Nikki Ganske | Broker
360.941.8999
www.NikkiGanske.com
nicoleganske@windermere.com



Deborah McNeal | Broker
360.707.8073
www.DeborahMcNeal.com
dsmcneal@windermere.com



Tahlia Honea | Broker
360.333.5815
tahlia@windermere.com



Leah Hines | Property Manager
360.428.3012
www.RentalsWPM.com
wpmседro@windermere.com

Windermere Real Estate/North Cascades
520 Cook Rd | Sedro-Woolley, WA 98284 | 360.856.4901
www.WindermereSedroWoolley.com



EQUAL HOUSING
OPPORTUNITY



REALTOR®

120 Years and Looking Ahead



BY MAYOR
JULIA JOHNSON

IT'S BEEN THREE MONTHS since I stepped into the role of Mayor and it's been both exciting and productive. Sorting through the filing cabinet in my office, I found a speech written in 1998 by Mayor Don 'Spud' Walley addressing Sedro-Woolley's 100th birthday. In his speech Mayor Walley shares, "The Town that logging built... Sedro-Woolley is well known for its clean environment, good schools, small-town friendliness and excellent fire and police protection." That was twenty years ago and yet the same could be said today. We continue to welcome new businesses and we're busy in the Building Dept. keeping

up with requests for new construction. As Benjamin Franklin once penned, "Without continual growth and progress, such words as improvement, achievement, and success have no meaning."

TO HELP PROMOTE GROWTH AND REVITALIZATION, the Downtown Association, an affiliate of the Washington State Main Street Program, is moving forward in formulating year round events to draw people to our town and encourage community involvement. The group is looking for volunteers and encourages all to participate. If you are interested in getting involved or would like more information, check out their website: www.downtownsedrowoolley.com.

OUR CITY LIBRARY AND DISTRICT LIBRARY have come together under one roof and are now officially our New Library. Jeanne Williams is the Library Director and she comes to us with great credentials. Property has been purchased for the new Library which is projected to open late 2019/early 2020. As we work through the full design process the city will host two workshops for community input.

I'M SURE MANY OF YOU HAVE READ that the city filed a joint lawsuit against three pharmaceutical companies. The opioid epidemic is a serious problem in our city. In 2016, over a four-month period, more than a quarter of a million needles were collected from drop sites in Skagit County. Now is the time to act and we will have more on this issue in the next edition of *City Scene*.

WHEN ASKED TO GIVE ONE WORD that describes Sedro-Woolley often my reply is 'fearless'. It's what I admire most about our town. We're not afraid to move forward and test the waters. Recently, the city's Waste Water Treatment department and Janicki Bioenergy sat down to discuss a plan to build a Vapor Recompression Distillation (VDR) at the Waste Water Treatment Plant. The potential cost savings and cutting-edge technology in solid waste treatment will make this a demonstration project with statewide and national interest. Sedro-Woolley continues to be defined as a city where innovation happens!

AS MAYOR, MY PRIMARY ROLE is the business of the city and city council, but there are other expectations as well. I participate in county-wide meetings and serve on several boards where I represent our city and oversee its needs. I'm enjoying the multi-faceted duties but also appreciate the opportunity when presented to connect with future leaders and citizens of Sedro-Woolley, such as our 4th grade STEM students, or giving a tour of City Hall to 2nd grade civic students.

IT IS A WONDERFUL TIME TO LIVE IN SEDRO-WOOLLEY. Great things are not only possible but are happening and in case you missed it, it's been twenty years since Mayor Walley wrote the birthday speech: Happy 120th Birthday Sedro-Woolley!

– Julia Johnson, Mayor

What's Inside May 2018

3 City Hall

- | From the Mayor
- | City Supervisor
- | City Directory

6 Council Corner

7 City News

- | Chamber of Commerce
- | Meet Your City Employees
- | Stendal Street—Tribute to William "Bill" Stendal
- | Vietnam Veterans Tribute
- | Police Department—Preparing for the worst, hoping for the best
- | Code Enforcement
- | Fire Department—Fall Prevention in the Home

15 Public Works

- | Public Works Projects—Update
- | Recycling News

17 Community

- | Sedro-Woolley School District—School Safety
- | PeaceHealth United General Medical Center
- | United General District 304—Trek for Treasure
- | Senior Center—Where Aging is Living
- | Helping Hands Food Bank—Volunteer!
- | Downtown Spring and Summer Flower Program
- | North Cascades Institute—Happy Birthday!
- | Port of Skagit—SWIFT Center
- | Farmers Market—It's that time of year!

26 History

- | Facts you may not know

27 Events

- | Blast from the Past
- | Eagle Haven Winery Concerts
- | Sedro-Woolley Alumni Picnic
- | Loggerodeo
- | Little League Tournament
- | Woolley Fiber Quilters
- | American Legion Breakfast
- | High School Sporting Events
- | Museum Events

Spring in Sedro-Woolley



BY ERON BERG
City Supervisor
Attorney

MY WIFE AND I JUST HAD A BABY and I've been home getting to know her before jumping back in to my work at City Hall. This little bit of time at home has given me a chance to view our parks more as a user than as a city employee. Bingham

Park has become a family favorite with the easy vehicular access, playground and fenced grassy area in which to run and play. Look for new restrooms this year, which will provide a much needed improvement. Preliminary talks are also in the works to add a bicycle skills course near Bingham Park.

Spring is a particularly verdant time in the Skagit Valley and Sedro-Woolley is no exception. Our small team of seasonal employees began working in April as our very small parks crew starts its annual battle with growing grass. Even as our crews are stretched thin, we have aggressive plans to add to and improve the parks system in the near future.

The city council has authorized staff to compete for state funding for two major park improvements: a redesign and addition of a splash park at Memorial Park and the completion of Winnie Houser Park & Playfields. If awarded, state funds would match local funds and significantly enhance Houser and revitalize Memorial Park. Another big project in the works is

the possible transfer and development of a new, approximately 10-acre destination park around and including the Northern State fishing pond. Early ideas consist of playground, picnic shelters near the pond, improved parking and access, a dog off-leash park, open space, walking trails around the pond, enhanced access for kids' fishing and playfield. This new park would also allow for walking access to the SWIFT Center and the Northern State Recreation Area.

As Sedro-Woolley residents, we are fortunate to have so many parks and playfields and more are on the way. If you have ideas for new parks, park improvements or other projects that would make Sedro-Woolley even better, please let me know.

BLAST FROM THE PAST

JUNE 1, 2 AND 3
DOWNTOWN SEDRO-WOOLLEY

Friday	Saturday	Sunday
Craft Vendors	Craft Vendors	Craft vendors
Food Vendors	Food Vendors	Food Vendors
Live Music	Live Music	Car Show
Beer Garden Hosted By: Local 20 Taproom	Beer Garden Hosted By: Local 20 Taproom	Live Music
	Kids Games	Street Dance
	Blast of Color Fun Run	Beer Garden Hosted By: Local 20 Taproom

Logos: Dwayne Lane's, United General, Heritage andeavor, Tires Les Schwab

Sedro-Woolley *City Scene* is published by Philips Publishing Group for the City of Sedro-Woolley.
Publisher: Peter Philips
 peter@philipspublishing.com • (206) 284-8285
Advertising Sales: Julie Applegate
 julie@philipspublishing.com • (206) 753-7250
Editor: Jana Hanson
 jhanson@ci.sedro-woolley.wa.us
Production: Colleen Rhay



COVER PHOTO:
Photo by: Becky Taft



What's Going On At City Hall?

Listed below are locations of posted meetings, notices of public hearings, and passed ordinances.

- **City Hall bulletin board**
325 Metcalf Street
- **Central Skagit Sedro-Woolley Public Library**
802 Ball Street
- **City website:**
www.ci.sedro-woolley.wa.us
- All notices of public hearings and passed ordinances are posted in the **Skagit Valley Herald**.
 - City Council agendas, meeting minutes and videos of regularly-scheduled meetings are posted on the city website.
 - Planning Commission agendas and meeting minutes are posted on the city website.

If you have any questions regarding meeting times, places, agendas or ADA access, please call City Hall at (360) 855-1661 for assistance.

CITY DIRECTORY

CITY HALL

325 Metcalf Street
Sedro-Woolley, WA 98284
(360) 855-1661

Mayor

Julia Johnson
325 Metcalf Street
(360) 855-9922
swmayor@ci.sedro-woolley.wa.us

City Administration

City Supervisor/City Attorney
Eron Berg
325 Metcalf Street
(360) 855-9921
eberg@ci.sedro-woolley.wa.us

Finance

Patsy Nelson, CPA, Director
325 Metcalf Street
(360) 855-1661
pnelson@ci.sedro-woolley.wa.us

Serena Mynatt, Utility Billing Clerk
325 Metcalf Street
(360) 855-0929

DEVELOPMENT SERVICES

John Coleman, AICP
Planning Director/Building Official
325 Metcalf Street
(360) 855-0771
jcoleman@ci.sedro-woolley.wa.us

FIRE DEPARTMENT

Dean Klinger, Fire Chief
325 Metcalf Street

Emergency: 911
(360) 855-2252

INFORMATION TECHNOLOGY

Bill Chambers, Director
325 Metcalf Street
(360) 855-9924
it.director@ci.sedro-woolley.wa.us

LIBRARY

Jeanne Williams, Library Director
802 Ball Street
(360) 755-3985

MUNICIPAL COURT

Brock Stiles, Judge
325 Metcalf Street
(360) 855-0366
SedroWolleyMuni@mail.courts.wa.gov

POLICE

Lin Tucker, Police Chief
325 Metcalf Street
For any emergency or officer dispatch please call: 911
Non Emergency—Office number is:
(360) 855-0111

PUBLIC WORKS

Public Works Director
Mark Freiburger, P.E.
325 Metcalf Street
(360) 855-0771
mfreiberger@ci.sedro-woolley.wa.us

Public Works Assistant

Julie Rosario
325 Metcalf Street
(360) 855-0771

Engineering/City Engineer

David Lee, P.E.
325 Metcalf Street
(360) 855-0771
dlee@ci.sedro-woolley.wa.us

Public Works Operations: Parks, Facilities, Streets, Stormwater & Cemetery

Nathan Salseina
Public Works Operations Supervisor
409 Alexander Street
(360) 856-5167
Park Department Business Office and
Reservations: 325 Metcalf St.
(360) 855-1661

Wastewater Division

Debbie Allen
Wastewater Division Supervisor
401 Alexander
(360) 856-1100

Solid Waste

Leo Jacobs, Solid Waste & Fleet
Division Supervisor
315 Sterling
(360) 855-1884

SEDRO-WOOLLEY HOUSING AUTHORITY

Hillsview
830 Township Street
(360) 855-0404

MEETINGS

City Council, Planning Commission, Library Board and Housing Authority Board meetings are generally held at the times and days noted below:

- **City Council regular meetings:**
2nd and 4th Wednesday of each month
7:00pm, City Council Chambers
325 Metcalf Street
- **City Council study sessions:**
1st Wednesday of each month at
7:00pm, Public Safety Training Room,
325 Metcalf Street
- **Planning Commission meetings:**
3rd Tuesday of each month at
6:30pm, City Council Chambers,
325 Metcalf Street
- **Sedro-Woolley Housing Authority Board meetings** are generally held on the third Thursday of even months except October at 10:45am, Hillsview 830 Township Street

Meeting times and places occasionally change, so it is advisable to contact City Hall 24 hours prior to a scheduled meeting to confirm the location, date and time.

CONTACT YOUR COUNCIL MEMBER



WARD ONE
Judith Dunn Lee
 829 Cook Rd (office)
 Sedro-Woolley, WA 98284
 Phone (day): (360) 856-9996
 Phone (eve): (360) 853-2053
 ward1@ci.sedro-woolley.wa.us



WARD TWO
Germaine J. Kornegay
 123 N Central Ave
 Sedro-Woolley, WA 98284
 Phone: (360) 755-2108
 ward2@ci.sedro-woolley.wa.us



WARD THREE
Brenda Kinzer
 100 Nelson St
 Sedro-Woolley, WA 98284
 Phone: (360) 421-4541
 ward3@ci.sedro-woolley.wa.us



WARD FOUR
Pola Kelley
 407 State St
 Sedro-Woolley, WA 98284
 Phone: (360)420-2215
 ward4@ci.sedro-woolley.wa.us



WARD FIVE
Chuck Owen
 833 Waldron St
 Sedro-Woolley, WA 98284
 Phone: (360) 982-0783
 ward5@ci.sedro-woolley.wa.us



WARD SIX
Karl de Jong
 1030 Warner St
 Sedro-Woolley, WA 98284
 Phone: (360)420-2144
 ward6@ci.sedro-woolley.wa.us



AT-LARGE
Jared Couch
 824 Orth Way
 Sedro-Woolley, WA 98284
 Phone: (360)708-1022
 councilatlarge@ci.sedro-woolley.wa.us



BY POLA KELLEY
 Executive Director,
 Sedro-Woolley Chamber of Commerce

Blast from the Past is a Blast of Fun!

THE SEDRO-WOOLLEY CHAMBER OF COMMERCE IS EXCITED for this year's Blast from the Past. We have great sponsors like Heritage Bank as the presenting sponsor and Andeavor Anacortes Refinery will be the presenting sponsor of the Color Run. Volunteers are working hard to make it the biggest Blast ever! All of the traditional key elements of the event will happen again this year, including the much anticipated Blast of Color 5K Family Fun Run/Walk. Our goal is to inspire people to engage in an active life style, a goal shared by United General Hospital District 304, which will provide water for participants at the turnaround on Fruitdale Road.

This will be a colorful race to watch and participate in! Blast of Color is a fun way to be crazy with friends, family, and everyone else in our community. While we won't be timing participants, we plan to have a clock on the scene for those who have a need to know. This race is about fun, not achieving your personal best! Enjoy the colorful world that will be created at this 5k run, reminiscent of the '60's when tie-dye was all the rage. We expect everyone to don their colors that day, tutus are encouraged!

The Run/Walk is scheduled for Saturday June 2, with late registration starting on the sidewalk near the Ferry Street Antiques Mall parking lot at 8am. Line-up will begin at 9am. Families still have plenty of time to feed the kids at one of the local restaurants or food vendors before the 10am start time.

We will soon be posting a link to sign up for the Blast of Color on the Chamber website or you can go directly to www.databarevents.com/blastofcolor5k. A \$20 entry fee (kids under 8 are free) will include a white T-shirt, a 100 gram bag of color (more will be available for purchase at the event), a pair of sunglasses and a race bib. Pick up your race paraphernalia the week of the event and avoid standing in line on race day. Any children under the age of 12 are required to be accompanied by an adult participant. Strollers and dogs are welcome. Dogs must be friendly to strangers/crowds and other dogs and must be on a leash at all times, no exception.

The course is flat, on paved roads/trail with multiple color stations along the route. There will be an aid station at the turnaround with water and a special treat for race participants.



■ CONTINUED ON PAGE 8

CRISIS MANAGEMENT FOR ELDER LAW

ADAPTIVE

law firm

formerly Youngquist & Betz, established 1936

Adaptive Law Firm PS

107 State Street
 Sedro-Woolley, WA 98284
 360.336.6505 | adaptivelaw.com



DOWNTOWN SEDRO-WOOLLEY

LIBERTY

Bistro

THE BEST KEPT SECRET IN
DOWNTOWN SEDRO-WOOLLEY!



LUNCH
DINNER

LOCAL INGREDIENTS
SCRATCH MADE RECIPES
LOCAL CATERING



HAPPY HOUR
WEEKDAYS 4-6PM,
WINE WEDNESDAYS
CRAFT BEER & WINE ON TAP
AND APPETIZER SPECIALS



JOIN US FOR
WINE PAIRING DINNERS
BREWERS NIGHTS
SPECIAL EVENTS AND
COMMUNITY GATHERINGS

 /LIBERTYBISTROANDCATERING
SEE OUR MENU AT THELIBERTYBISTRO.COM
707 METCALF STREET, STE A 360.855.2917

Thank You @DamianVines Photography | @CJRDesign Ad Layout

THE PACIFIC SHOWROOM
THE MIDTOWN MEN
 FOUR STARS FROM BROADWAY'S JERSEY BOYS
MAY 18 & 19



Tickets From: \$55
 Service Charge Free at Casino Box Office
 ticketmaster



theskagit.com • On I-5 at Exit 236 • 877-275-2448
 Must be 21 or older with valid ID. Details at Rewards Club. Management reserves all rights.
 ©2018 Upper Skagit Indian Tribe dba Skagit Valley Casino Resort.

■ CONTINUED FROM PAGE 6

Volunteers will be located throughout the course to guide you, help with crossing any major intersections, throw color at you and tend to the aid station, so be sure to High Five our volunteers and tell them “Thanks”. Events like this would not exist without our volunteers.

The finish line will be located at Hammer Heritage Square where more fun starts around 12 noon with hula hoops, jump ropes, and more. In 2016 City Supervisor Eron Berg beat out perennial favorites and not one but two mayors to take the title of jump rope champion. However, the following year David Bricka regained the crown. This is a competition reaching epic proportions.

Local 20 Taproom will host a beer garden throughout the event providing music into the night. The food vendors will be back near the gazebo. The annual Sunday Car Show presented by Dwayne Lane is being organized by Chris Oudman of Les Schwab, and he will ensure that it runs smoothly.

There will be lots of fun entertainment planned throughout the weekend, including a great juggler, a live radio broadcast on Saturday, and live bands on both Saturday and Sunday.

Last year there were about 90 vendor booths and we have every reason to believe we will see even more this year. So please plan to stop by the vendors, they help make these events happen.

SCIENCE, TECHNOLOGY, ENGINEERING AND MATH (STEM)

JANICKI
INDUSTRIES

We Create Solutions

NOW HIRING!

We are hiring experienced Composite Technicians, Production Supervisors, Production Leads, Engineers, Quality Inspectors, Welders, Machinists and more.

Please visit www.Janicki.com to apply.

Supporting Sedro-Woolley as a place to live, grow and work



We need volunteers to help with every aspect of the weekend so if you have a particular interest, come give us a hand. Call (360) 855-1841 or email director@sedro-woolley.com

Meet Your City Employees



OFFICER DERICK LOWE

I GREW UP IN TACOMA, WA and spent my school years working an afterschool job, playing baseball and football. After life took an unexpected turn, my baseball career came to an end and I joined the United States Marine Corps.

I passed up a scholarship to play baseball and left for Marine Corps boot camp, located at Marine Corps Recruit Depot San Diego, in September 2003. I graduated boot camp and went on to School of Infantry in Camp Pendleton, CA. I then joined the 3rd Battalion, 1st Marines. Once I returned from my first deployment, I attended Marine Corps Scout Sniper

School. I completed multiple deployments with several different units including Regimental Combat Team 1 and Special Operations Battalion. While stationed at Camp Pendleton I deployed all over the world including, several combat deployments to the Middle East. I then transferred to 2/24th Marine Corps Inspector/Instructor Unit in Des Moines, IA where I assisted in the training Marine Corps Reservists for upcoming deployments and was in charge of the armory for the unit. Upon completion of my tour in Iowa, I transferred to Camp Lejeune, NC. While stationed there, I went on several more deployments with Special Operations Battalion. After 13 years in the Marine Corps, my service came to an end. During my time in the Marine Corps, I received several awards including but not limited to, Combat Action Award, Iraq and Afghanistan campaign, Purple Heart and Navy Achievement Medal.

In July 2014, I started an internship with Richlands Police Department, Richlands, North Carolina; I was then sponsored by that department to attend Basic Law Enforcement Training Academy. I graduated James Sprunt Community College and was commissioned in May 2015. Richlands Police Department offered me a full-time position following my graduation. During my time at Richlands Police Department, I experienced a number of situations where I was able to put my past experiences to use. I attended all of the standard police training courses during my time with Richlands Police Department in addition to SWAT Sniper Training where I graduated in the top of my class. I transferred from Richlands Police Department in August 2017 after I received news that I would need to relocate to Washington State. I went through the hiring process with Sedro-Woolley Police Department and was sworn in November 2017. I recently graduated from the Washington State Police Academy Equivalency Course. I am AD excited to be a part of such a phenomenal department.



JIM GUTIERREZ

Public Works Equipment Operator 2

I STARTED WORKING FOR THE CITY Public Works Department in 2004. My job duties in the department include maintaining city streets, paving, patching potholes, alley maintenance, street signs, tree trimming, painting center lines and parking stalls and operating several pieces of equipment. We get a lot done with a small group of guys, which makes the work challenging but also enjoyable. Of course weather plays a significant role with much of the work that the crew performs. Summer time is obviously the busiest time for street maintenance activities.

Prior to my employment with the city, I worked for Skagit County Parks and Recreation. I'm a Burlington-Edison High School graduate and was drafted by the Seattle Mariners out of high school. I pitched for ten years in minor league baseball with three different teams, never quite achieving my ultimate dream, playing for the Big League.

In my spare time I'm a volunteer assistant baseball coach at B-EHS. I enjoy hunting, fishing, camping, hiking and traveling. I've been married to my wife Debbie for eight years and together we have two kids, Callie and Parker and two step children Kjellan and Dahltan. GO TIGERS!

LAND TITLE AND ESCROW Ltco.com

*Local Professionals
Serving our Communities*

- 111 E. George Hopper Rd.
Burlington
Title: 360-707-2158
Escrow: 360-707-2312
1-844-878-1519

- 3010 Commercial Ave.
Anacortes
1-800-870-8571 • 360-299-0565

Trusted Service for over 76 years

Privileged to help.

We're honored to serve this community for over 40 years.

My staff and I look forward to many more with you. Thank you for your continued support and business.

**Get to a better State.
Get State Farm.
CALL ME TODAY.**



Keith Sorestad, Agent
820 Township Street
Sedro Woolley, WA 98284
Bus: 360-855-1831
www.ksorestad.com



1601485

State Farm, Bloomington, IL

Stendal Street

BY MAYOR JULIA JOHNSON

Of the many duties as Mayor, and one of the most enjoyable, is naming a street. It is a rare occasion for a Mayor of a well-established city to be able to do so, however recently I was given that honor.

When presented with the opportunity of deciding what name would be given to the street that runs between Trail Road and Hodgins Road, it didn't take long to think of an individual who served our town and community for most of his life, William 'Bill' Stendal, son of Sedro-Woolley's Mayor, Percival A. Stendal, (1945-1958). Throughout his lifetime, Bill worked in many fields; he was a teacher, middle school counselor, vice principal, principal, PUD commissioner, and yes, even mayor, (1992-1995). Bill was also active in the

Rotary Club and Masonic Lodge and was Sedro-Woolley's Santa Claus for a number of years. When I spoke with his wife Eloise, she shared that it was befitting that this particular street would be named after him. She said Bill had worked to help establish Janicki fields, which runs along the now named Stendal Street.

In his retirement Bill catered many reunions, weddings, memorials, and then with his friend Marje Peters, founded the Sedro-Woolley Community Thanksgiving Dinner, which continues to be an impactful event each year.

William 'Bill' Stendal, is a man whose example should be cherished and remembered, and there are others who would agree he deserves more than a



William "Bill" Stendal

street named in his honor. He displayed true leadership and service to our community. As Mayor of Sedro-Woolley, and on behalf of the citizens of this fine city, we say with gratitude, "Thank you, Bill".



Port of Skagit

Good Jobs for Our Community

Dr. Kevin E. Ware District 1, Steven Omdal District 2, Bill Shuler District 3

Guided by the mission **Good Jobs for Our Community**, the Port of Skagit owns and operates three key facilities: **Skagit Regional Airport, Bayview Business Park and the La Conner Marina.** Combined, these three facilities are home to more than 85 businesses that employ nearly 1,409 people.

Inspiring Success, Delivering Excellence

TO OUR VIETNAM VETERANS, REMEMBERING VIETNAM VETERANS DAY

BY MAYOR JULIA JOHNSON

“The soldier above all others prays for peace, for it is the soldier who must suffer and bear the deepest wounds and scars of war.”

DOUGLAS MACARTHUR

MY HUSBAND SERVED IN THE ARMY, my father in the Navy reserves, and my uncle was in the Army, serving in Vietnam. I grew up watching the war play out on the 6 o'clock news throughout the 60's. I was young, so some of the images were confusing; how is a child's mind to understand the horrors and casualties of war? It has only been in the last few years that my uncle has been able to talk about the war and what he witnessed—and experienced in Vietnam. As an adult, I confess, I can hardly wrap my mind around the images he speaks of. Like many of us who have never been to war, I cannot possibly know what our veterans went through.

Our country started placing soldiers in Vietnam in 1955; twenty years later, our soldiers were home. They declared the war over, but for some it will never be over. Your return home was anything but glorious; you fought as heroes, but in a country divided by the war, there was no hero's welcome. You had answered your Nation's call; you went where others did not want to go, you did what others did not want to do, but the honor and gratitude due upon your return was missing.

It has taken over 45 years for our Nation to validate your service; to extend to you the honor and thanks you so rightly deserve. While it is disputed how many people died in the Vietnam War, we do know there were over 58,000 Americans who died... 58,000 men and women: our sons, our fathers, our husbands, our daughters. And to add to our



My uncle—Wayne Reim

sorrow, over 2400 American soldiers are listed as missing... our MIA's. Like all wars before, these are statistics, facts and figures. But those facts and figures cannot account for the scars, both seen and unseen, still carried by many today.

For those of us who have not served, we will never fully know or understand your sacrifice; we cannot know what you were required to do, or how you were able to do it. But I hope you will acknowledge our recognition of your humanity and the sacrifice you made for our country.

Remembering and recognizing Vietnam Veterans Day has been too long in coming, and thanks to the Vietnam War Recognition Act, March 29 will forever be remembered as your time and service in our Nation's history; we will honor and remember all the brave men and women who fought for freedom. So, with a grateful heart I close by saying: Thank you! Thank you for your service!



LEMLEY CHAPEL
SINCE 1935
Family owned since 1935

All professional mortuary services available, including cremation, headstone design and pre-planned funeral arrangements

Rick Lemley · Doug Hutter · Tobi Stidman
Licensed Funeral Directors

www.lemleychapel.com
360-855-1288
info@lemleychapel.com
1008 Third St.
Sedro-Woolley, WA 98284



SUPPORT Sedro-Woolley CITY SCENE

Looking to advertise?

Contact Julie Applegate to discuss how to maximize your exposure to residents of Sedro-Woolley



julie@philipspublishing.com
206.753.7250

Preparing for the Worst Hoping for the Best



Combined Police/Fire/Paramedic Training for Rescue Task Force practical exercises.

BY POLICE CHIEF LIN TUCKER

Many of us have listened to and watched the reports of the horrible attack at Marjory Stoneman Douglas High School in Parkland Florida where 17 people were killed. Every time something like this crashes into our lives, we are left asking why and what can we do to protect ourselves and those we love.

I can tell you what we are doing right here in the hyphenated city.

- With very few exceptions, every Officer and Deputy in the County has received Active Shooter training.
- We have been training and preparing for more than a year now in the Rescue Task Force (RTF) method of pairing Fire and other EMS responders with armed Police Officers to treat and evacuate the wounded while an Active Threat is process.
- All of the schools in the Sedro-Woolley School District, from Samish to Big Lake, have received training and preparation for an Active Shooter

or some other major threat. We are following an established protocol for handling these situations and we are training our kids on what to do in the event of a threat.

- Many people in the public are attending Community Emergency Response Team (CERT) Training to better their own responses to emergencies.
- We have an incredible School District full of people who are dedicated to keeping our children safe. They are watching for signs of trouble and reaching out for help in managing problems as soon as they arise.
- We have a Juvenile Justice system that concentrates on helping families get their children back from the brink of disaster by providing counselling, intense family therapy programs, constant communications with schools and anyone whose life touches students to identify where to apply help.
- We aggressively take action when someone reports a threat to shoot up or blow up a school. When we receive those threats, we check to see if it's a realistic threat, we assign a Detective and that Detective runs it to the ground, along with any other school personnel who can help. It's an all-hands effort.
- We are developing training and/or community workshops to provide the community with tools they can use in a crisis situation. Look for something like this on SWPD's Facebook page: FREE CITIZEN WORKSHOP: RESPONSE TO ACTIVE THREAT/ACTIVE SHOOTER.

Keeping people safe is our highest priority. Any threat towards a school, church, business or any other gathering of people, we will pull out all of the stops and do everything we can to stop or minimize the threat.

Finally, we need your help. The saying, "See something, say something" sounds hokey and cliché but it really means something. If you see something that you are concerned about, tell someone. Chances are you aren't the only one and your information could make a difference.

SCHAFFNER PHARMACY

Better Care Is Our Prescription

Personalized, expert care from a local, family-owned pharmacy.

Drive Thru | Delivery | Immunizations
Custom Medication Packaging | Travel Clinic

Chris Schaffner, PharmD
Owner and Pharmacist

360.853.2003 | SchaffnerPharmacy.com | 1990 Hospital Drive, Sedro-Woolley

SWPD CODE ENFORCEMENT: Improving and Preserving Quality of Life

SEDRO-WOOLLEY MUNICIPAL CODE TITLE 18—Code Enforcement declares certain acts to be civil violations and/or misdemeanors. The Code also establishes an effective and efficient system for the investigation and resolution of numerous issues that directly impact our city’s cleanliness, safety and livability. The city emphasizes code compliance through education and prevention as the first step toward voluntary compliance. Unheeded warnings may progress to enforcement actions up to, and including, civil and criminal penalties. The city actively and consistently pursues code compliance, while adhering to, and respecting, fundamental constitutional principles. The city added Code Enforcement Officer Laura Carr in May 2014. Below is a summary of Officer Carr’s dispatched “calls for service” for the past three years:

	2015	2016	2017
Animal Control	398	317	324
Parking Problem	72	105	127
Nuisance Property	48	39	10
*Other	83	76	41
Total	601	537	502
<i>*Found Property, Noise, Vagrancy, Burning, Civil</i>			

Notable Nuisance Property—Before and After



Officer Carr and Sally

WHILE ALL SWPD PATROL OFFICERS RESPOND to animal-related calls as needed, Officer Carr also serves as the city animal control officer resolving incidents involving lost, found, neglected, abused and dangerous domestic animals:

STRAY ANIMAL IMPOUNDS	2015	2017	2017
Returned to Owner	74	50	49
Transferred to Shelter	16	19	23
Total	98	69	72



SALLY'S JOURNEY

One summer evening, Sally wandered up to a SWPD patrol car—she was in terrible shape, with hardly any hair on her thin body, and so weak from multiple infections she could barely stand. The officer saw no humans in the area and knocked on doors until the owner was located. This was the beginning of Sally’s 10-month journey from rescue to adoption. SWPD conducted a warrant seizure to get Sally the vet care she so desperately needed. With excellent care from veterinarians, shelter staff, and SWPD officers, Sally recovered completely and found her new forever home.



Fall Prevention in the Home

BY FF/EMT MEGAN GUARD-LILLEY

FALL PREVENTION MAY NOT SEEM like a very lively topic, but it’s an important one. In 2017, Sedro-Woolley Fire Department responded to 367 calls involving fall victims. Many of these types of 911 responses involve elderly persons and a fall can often lead to serious injuries. At Sedro-Woolley Fire Department we love our jobs and caring for the public and we don’t want to see people get hurt, especially when it can be prevented.

Below are a few simple, yet effective fall-prevention tips!

1 MAKE AN APPOINTMENT WITH YOUR DOCTOR

Often times certain medical issues or prescription medications can make a person more susceptible to falls or can worsen injuries associated with falls. Know the side-effects and risks of taking different medications, especially when taking more than one at the same time.

2 ASSESS AND MITIGATE HOME HAZARDS

Take a look around each room in your home. Remove items from high traffic areas that may be a trip hazard, such as electrical cords and cardboard boxes. Place non-slip mats in your shower and bathtub. Use double sided tape to secure rugs that may cause a person to slip.

3 LIGHT UP YOUR LIVING SPACE

Keep your home well illuminated to avoid tripping over hazards in the dark, especially near stairways. Use night-lights, lamps next to the bed for easy access or glow in the dark outlet covers to aid in helping you to see your footing. Store flashlights in an easily accessible place in case of a power outage.

4 WEAR SENSIBLE SHOES

While in the home, consider a shoe or slipper with a back and non-slip sole. Often times a fall can be caused by tripping on a slipper that has come half way off or by simply slipping on hard floors.

5 USE ASSISTIVE DEVICES

Install hand rails in stairways and in your bathroom areas for assistance with balance and movement. A sturdy plastic shower chair can also help prevent slipping while bathing.

6 KEEP MOVING!

Being moderately active can go a long way toward preventing falls through improving strength, balance, coordination and flexibility.

Source: The Mayo Clinic

“An ounce of prevention is worth a pound of cure”

BENJAMIN FRANKLIN



Sedro-Woolley Fire Department encourages our citizens, young and old, to take a few moments and look around your home. Even small changes can make a world of difference!

PUBLIC WORKS PROJECTS—UPDATE

BY MARK FREIBERGER
DIRECTOR OF PUBLIC WORKS

THE CITY OF SEDRO-WOOLLEY AND OTHER AGENCIES

have planned a number of significant projects within the city limits for 2018. The larger projects are detailed on the map and described below. City Public Works is also planning street maintenance projects including asphalt overlay and crack sealing at various locations city wide as detailed on the map.

CITY PROJECTS:

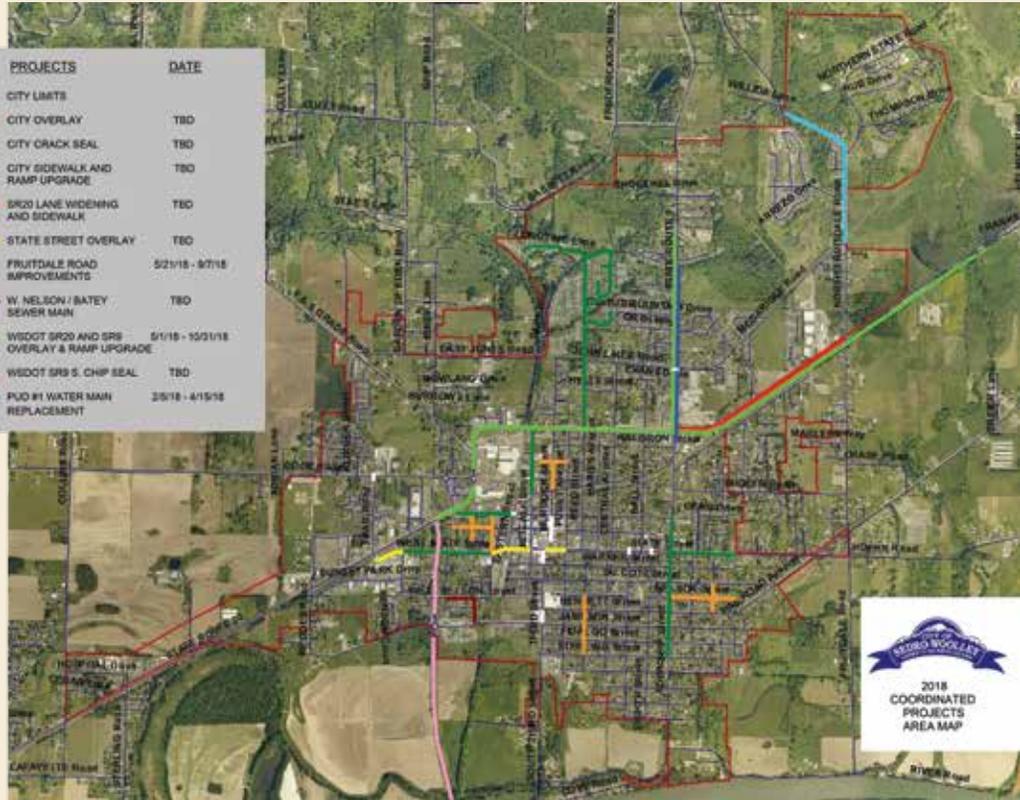
■ **Fruitdale Road Arterial Improvements Project.** This \$2,652,000 project includes repair of the landslide closed section of Fruitdale north of the SWIFT Center, as well as new sidewalk on the east side of Fruitdale from McGarigle to the SWIFT Center entrance, a compact roundabout at the SWIFT Center entrance, and an asphalt overlay of Fruitdale from McGarigle to the north city limits. A \$1,759,526 construction contract for this project has been awarded to Trico Companies, LLC of Burlington, Washington. Work is scheduled to start mid-May 2018 and to complete in October 2018.

■ **SR20, Township to Fruitdale Lane Widening and Sidewalk Project.** This \$819,500 will add an 8-foot wide sidewalk on the north side of SR20 from Township to Fruitdale, and a center turn lane over this section of SR20. The project is scheduled to construct summer 2018.

■ **State Street Overlay Project.** This \$399,000 project includes an asphalt overlay of three segments of State Street and update handicap ramps where needed. The project is in design and scheduled to construct summer 2018.

■ **Sidewalk and ADA Ramp Upgrade Project.** This \$290,000 project will replace damaged sidewalks and update handicap ramps at various locations including 3rd Street near the High School, on Murdock from State to Ferry, and on State near the State Street High School. A pedestrian actuated signal will also be added at the SR9/McGarigle intersection and at the State Street High School. The project is scheduled to construct summer 2018.

PROJECTS	DATE
— CITY LIMITS	
— CITY OVERLAY	TBD
— CITY CRACK SEAL	TBD
— CITY SIDEWALK AND RAMP UPGRADE	TBD
— SR20 LANE WIDENING AND SIDEWALK	TBD
— STATE STREET OVERLAY	TBD
— FRUITDALE ROAD IMPROVEMENTS	5/2/18 - 9/7/18
— W. NELSON / BATEY SEWER MAIN	TBD
— WSDOT SR20 AND SR9 OVERLAY & RAMP UPGRADE	5/1/18 - 10/31/18
— WSDOT SR9 S. CHIP SEAL	TBD
— PUJ #1 WATER MAIN REPLACEMENT	2/5/18 - 4/15/18



■ **West Nelson/Batey Street Sewer Extension Project.** This \$337,000 project will extend sanitary sewer service on West Nelson Street from Curtis to Batey Street, and on Batey Street from West Nelson to Jameson Street. This project is part of an ongoing effort to provide service to currently unserved portions of the city. The work is scheduled to construct summer 2018.

WASHINGTON STATE DEPT. OF TRANSPORTATION (WSDOT) PROJECTS:

■ **SR 9 & SR 20 to Park Cottage and Hansen Creek—Paving and ADA Compliance Project.** WSDOT will overlay SR 20 from SR 9 South to beyond the east city limits and SR 9 from SR20 to Park Cottage Place. The project will start mid-May. Paving work will occur at night. Handicap Ramp reconstruction will occur during daylight hours.

■ **SR 9, Clear Lake to Sedro-Woolley—BST Project.** This WSDOT project will place a chip seal on the highway. Work is planned for 2018.

UTILITY PROJECTS:

■ **Public Utility District No. 1 of Skagit County is upgrading the water main in SR 9 from SR 20 to Park Cottage Place.** This work is under way and scheduled to complete prior to the start of the WSDOT overlay project.

■ **Puget Sound Energy is designing a re-conductor project on their Sedro-Woolley to Bellingham #4 115 kV Transmission Main.** This project will replace poles and cable for the main that runs down Jones Road, John Liner Road and McGarigle Road from the west city limits to Fruitdale Road, and north on Fruitdale Road to the Swift Center. This work will be constructed summer 2018.



Questions may be addressed to the Public works Department at (360) 855-0771.

Recycling Changes Possible

BY LEO JACOBS
SOLID WASTE/ FLEET DIVISION MANAGER

International changes to recycling standards are in the works and newer, stricter rules for what is acceptable in mixed recycling may affect us in the near future.

CLEAN, DRY & EMPTY is a universal standard for recyclables and it's important to remember especially in light of changes in the recycling industry. Most if not all of the recyclables generated in the United States are sent to China, where recyclables are processed into usable products. China is now demanding less contamination in what they receive from the United States and will not accept recyclable material

if it doesn't meet the standards. So if non-recyclables are mixed in with recyclables, everything will be rejected.

While it's not time to panic yet, slight adjustments are still necessary for mixed recycling streams. To start with, please keep recycling Clean, Dry & Empty and if in doubt throw it out! One important step starts with making sure there is no food residue and no liquid left in bottles or cans. That will help make our recycling more valuable and will make it easier for companies to process the materials.



For a complete list of dos and don'ts, please visit our web site for more information: www.ci.sedro-woolley.wa.us/departments/solid_waste/recycling.php. Information will be updated as it becomes available.

STAY TUNED! IF IN DOUBT THROW IT OUT!

Sedro-Woolley Family Dental Center

"A Healthy Smile is Always in Style"

At Sedro-Woolley Family Dental Center, our staff believes in gentle care for the whole family.

GENERAL DENTISTRY:

- Comprehensive Treatment
- Crowns, Bridges & Veneers
- Fillings: Composite & Dental Amalgams
- Nitrous Oxide
- Teeth Whitening
- Wisdom Teeth Extractions
- Night Guards
- Root Canal Treatments
- Emergency Dental Care
- Dental Hygiene
- Dental Prosthetics
- Dental Implants



Hansrolf H. Gruener, D.D.S. Glyn A. Fleury, D.D.S.
Tristan Stone, D.D.S. Jae Seon Kim, D.D.S.
Colleen R. Bothell, D.D.S.

Children and New Patients Always Welcome

(360) 855-0351

Creating Beautiful Smiles Since 1974



830 Metcalf St. • Sedro-Woolley, WA. 98284 • www.sedrowoolleyfamilydentalcenter.net

School Safety is the Highest Priority



BY PHIL
BROCKMAN
Sedro-Woolley
School
Superintendent

WHILE TEACHING AND LEARNING IS THE SCHOOL DISTRICT'S MISSION, where “every student graduates with the knowledge and skills for future learning and success,” safety is the highest priority. Sedro-Woolley School District is leading the charge in Skagit County

with its security system in place; local safety consultants training staff about best practices; and our close working relationship with first responders.

The security systems were designed to detect a threat, slow that threat down allowing for law-enforcement response, and immediately notifying staff and students if a lockdown is necessary.

All elementary and middle school play areas have been secured with fencing and locked gates.

Exterior doors at the elementary and middle schools remain locked during school hours. Many of these doors have been outfitted with electronic locking hardware and card-reader access. Doors that need to be unlocked for the start or end of school have automated electronic systems that eliminate the need for personnel to do this manually. A lost or stolen keycard can easily and instantly be removed from the system.

We highly appreciate the partnership we have with the City of Sedro-Woolley and support from the Sheriff's office, Washington State Patrol, and Emergency Management Center.

Main doors at the elementary and middle schools remain locked during school hours. A two-way voice intercom system has been provided at these entries, so visitors can be admitted by office reception staff. The system has a built-in video camera that allows reception to verify the person's identity prior to granting building access electronically.

The school district has close to 400 state-of-the-art, high-resolution video surveillance cameras that provide “full situational awareness” at each school. This means all common areas as well as large areas of congregation are viewable from large display monitors in the reception areas and principals' offices.

Each school facility is also equipped with lockdown/panic buttons. With a simple activation of the button, the security system will simultaneously call 911, provide a lockdown voice announcement over the PA paging

system, and lock any doors that may be unlocked. This type of button allows for staff to quickly shelter in an emergency and requires little training for substitute reception staff.

The school district also hosts annual site-based drills for lockdowns/lockouts, fire, earthquakes, floods and shelter-in-place situations.

In January 2016, the school district reinstated the Sedro-Woolley Emergency Preparedness Team (SWEPT). This committee has a representative from each building/department and meets on a monthly basis to discuss items like emergency supplies, emergency radios, first-aid/medical kits, building hazard assessments/repairs and training for our Standard Response Protocol.

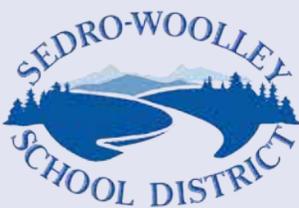
Safety consultant Krista Salinas has worked with the school district to complete a district-wide emergency operations plan. The consultant conducted a district-wide tour of school buildings to local first responders so they can be more familiar with each building in the event of an emergency.

In consultation with Salinas and local first responders, the school district has also held two full-scale, multi-agency drills during the past two school years. Additional drills are planned in upcoming months that include hazardous materials and an active shooter.

The school district held a safety night for parents at Mary Purcell in February, with plans to offer similar events at other school sites.

We continue to make safety of our students the number one priority and remind the community that if they see or hear of something questionable concerning our schools, to say something. We would rather take action and prevent a threat whenever possible.

We highly appreciate the partnership we have with the City of Sedro-Woolley and support from the Sheriff's office, Washington State Patrol, and Emergency Management Center.



Sedro-Woolley School District

Continuing its focus on student learning, quality instruction, reading and math goals, student safety, and promoting a climate of trust.

There are approximately 4,300 (preschool–12th grade) students being served on twelve school campuses. The District covers 395 square miles, including the areas of Hamilton, Lyman, Samish, Clear Lake, and Big Lake. Every student graduates with the knowledge and skills for future learning and success.

801 Trail Rd., Sedro-Woolley, WA 98284 • 360-855-3500, Fax: 360-855-3574

PeaceHealth Expands and Enhances Care Close to Home

BY CHRIS JOHNSTON CHIEF ADMINISTRATIVE OFFICER
PEACEHEALTH UNITED GENERAL MEDICAL CENTER

THIS PAST APRIL MARKS THE FOURTH ANNIVERSARY of United General Medical Center's adoption into the PeaceHealth family of healthcare facilities.



Since the start of that partnership, PeaceHealth United General has made significant investments to expand specialty care services, general surgery, enhanced image and a walk-in clinic to make it easier for residents to receive care where they live.

I'm excited to announce plans to continue building

on the great services available for our neighbors and visitors in our beautiful District 304 communities.

Starting this summer, we will begin offering services in the Pavilion,

conveniently located adjacent to the hospital with primary and specialty care as well as support services. We are making substantial changes to update and make it comfortable for our patients and practices.

The Pavilion will be the new home of PeaceHealth Medical Group's United Family Medicine and Sedro-Woolley Family Medicine. We are also actively recruiting additional providers to care for families' primary health needs.

Also in the Pavilion, you can expect to find a new walk-in clinic for managing just-in-time issues and illnesses.

A broad array of specialty services will also be available in the Pavilion, including:

- Cardiovascular
- Neurology
- Gastroenterology
- Orthopedics
- Pulmonary
- Urology
- Women's health (near future)

The same excellent cancer care and general surgery you've known will continue to be found in the hospital building. And the Burlington clinic will remain with four provider practices and a walk-in clinic.

In addition to the comprehensive healthcare services right here in your backyard, if there's ever a need for more acute care, we have close connections to our sister hospital, PeaceHealth St. Joseph Medical Center just 30-minutes up the road.

We're excited to share these plans for growing with you and for serving the beautiful people in this area. If you have any questions, please visit www.peacehealth.org/united-general-medical-center.




Begin your career today in
INFORMATION TECHNOLOGY
or HEALTH CARE

No Cost to Students

CASCADES JOB CORPS
COLLEGE & CAREER ACADEMY
— CAREERS BEGIN HERE —

CascadesJobCorpsCCA.com

TREK FOR TREASURE



BY CYNTHIA GLUNT
MARKETING AND COMMUNICATION
COORDINATOR UNITED GENERAL DISTRICT 304

“Are We Alone in the Pacific Northwest”? This is the theme for the 2018 Trek for Treasure challenge. Three years ago trekkers searched for the lost loot of the great Sedro-Woolley bank robbery of 1914; two years ago teams went on a treasure hunt to find the missing booty of the famous pirate Sir Francis Drake; and last year participants searched for the legendary Sasquatch. This year teams must search for proof of extraterrestrial life!

Trek for Treasure is about having a good time, getting fit, and making memories with your friends or family while exploring the trails of the great Pacific Northwest. “My goal is to keep things exciting, fun, and to explore new trails and make new adventures,” says

Mark Pearson, founder and manager of the Trek for Treasure Program.

This summer, teams must work together, collect the clues, and help me investigate and uncover what could be the biggest government conspiracy of all time!

For years there have been many stories or legends of sightings of unidentified flying objects (UFOs) and extraterrestrial beings within the state of Washington, as well as throughout the world. Most of these sightings have never been definitively confirmed and no one knows for sure if we are truly alone in the universe or if life on other planets really exists.

On June 24, 1947, pilot Kenneth Arnold reported he saw nine shiny unidentified objects flying at speeds over 1,200 miles per hour over Mount Rainier. In July of 1947, reports came out that claimed U.S. Army personnel recovered a flying

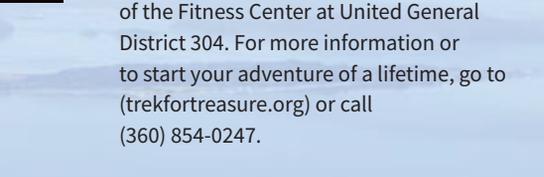
saucer that crashed near Roswell, New Mexico. These sightings, along with several other reports, created attention throughout the world and so began the craze to prove extraterrestrial life existed.

Years later, due to all the recent sightings and concerns from the general public, the government set up a formal project to investigate UFO's. In 1952, the United States Air Force started a program known as Project Blue Book. Project Blue Book was developed to study and research the existence of unidentified flying objects and extraterrestrial life. The project compiled reports of more than 12,000 UFO sightings or related events from 1952 to 1969. In December of 1969, Project Blue Book was suddenly terminated and all activity under its service ceased in January 1970... or did it???

After several years, classified information from Project Blue Book has slowly begun to leak. We are now closer than ever to uncovering this mystery and finding the truth to the age old question, “Are we alone in the universe?” Through extensive research and investigation, Mark Pearson has found evidence of what he believes is a government conspiracy to conceal the proof of life outside our solar system.

Join us this summer on six hikes throughout Skagit County and the surrounding area. **TREK FOR TREASURE starts June 1 and ends August 31.** Registration starts April 2 and runs through June 14. Your team of two or more people have two weeks to complete each hike at your own pace and convenience. Hidden at the end of each hike is a clue. Complete all six hikes, collect the clues, and solve the mystery to the age old question! “Are We Alone in the Pacific Northwest?”

PeaceHealth is a major sponsor of Trek for Treasure this year, which is a program of the Fitness Center at United General District 304. For more information or to start your adventure of a lifetime, go to (trekfortreasure.org) or call (360) 854-0247.



“Where Aging is Living” Volunteering at the Senior Center

BY ELLEN SCHWEIGERT SEDRO-WOOLLEY SENIOR CENTER COORDINATOR

Many seniors volunteer in their communities as a way of giving back, in gratitude for the support they themselves have received and/or retirement finds them with free time to give. It now appears that in addition to giving back, seniors who volunteer benefit from their involvement. Evidence is gathering that older people who volunteer tend to live longer and better! The sense of satisfaction in serving, the meaningful connection with others, the pleasure in having something interesting and purposeful to do each day – all of these factors have a positive impact on health, energy and quality of life.

By turning to volunteerism as a source of motivation and challenge, seniors find themselves in the company of an increasing number of their peers. They will also find a senior center that welcomes their service, and they are sure to make new friends in the process!

The National Institute on Aging “has reported that participating in social leisure

If you're wondering what you can do to give back, or if you wish to be more connected to your community, consider volunteering as your next great adventure.

activities and meaningful, productive activities such as volunteering may lower the risk of health problems in seniors, including dementia, as well as improving longevity. Becoming a volunteer can help keep the brain and the body active, which contributes to continuing cognitive health, according to numerous studies.”



Volunteers Phillip H. and Joanne G. help serve lunch

Each volunteer opportunity has its own daily, weekly or monthly need and commitment. We carry out the daily programs at the senior center with the help of our volunteers. You certainly do not need to be a senior (age 60 or older) to volunteer with us. Volunteer applications can be picked up at the center.

For more information please contact Ellen Schweigert, Center Coordinator at the Sedro-Woolley Senior Center, (360) 855-1531.





Nick Van Jaarsveld, AAMS®
Financial Advisor
913 Metcalf Street
Sedro Woolley, WA 98284
360-855-0239

Edward Jones®
MAKING SENSE OF INVESTING



ALLELUJAH



**Business Systems
Small Business Center**

FED-EX • UPS • USPS

Color and Black & White Copies

Custom Packaging
- Authorized Shipper -
and drop off location for
UPS and FedEx

Private Mailboxes Available
Laminating
- Fax Service -
Large Format

Owners: Scott & Kristi Curtin
E-mail: allcopiersystems1@yahoo.com
Website: allcopiersystems.net
901 Metcalf St • Sedro Woolley

Mon-Fri
8:30am-6:00pm
Sat 9am-2pm

360-855-1157 office
360-855-9259 fax

Why Do I Volunteer?

BY REBECCA LARSEN
EXECUTIVE DIRECTOR • HELPING HANDS FOOD BANK

VOLUNTEERING IS A VERY PERSONAL EXPERIENCE. Many people give their time to their neighbors and community because it feels good and maybe... because this community feels a lot like family. "I volunteer because I feel like I am doing something for the good of the community and it allows me to give back in return for the times I received help" said Miranda a volunteer. At Helping Hands we have over 200 volunteers that give of their time every week. In 2017 volunteers gave over 26,000 hours to help over 16,000 participants receive food.

Once the new food bank facility is open there will be more opportunities to volunteer. There will be a classroom for volunteers to teach community members a variety of skills and volunteers will be needed to help families navigate through the programs that they qualify for. There will also be a need for volunteers in the work study program which is designed to help participants find permanent employment. We're looking forward to opening the doors to anyone who wishes to help.



THANK YOU TO EVERYONE WHO HAS VOLUNTEERED TO MAKE THIS COMMUNITY STRONGER.

Our new Helping Hands Solution Center will be a place for all people to receive the necessary tools to help them grow and thrive. That includes our volunteers who receive job training and a sense of pride in giving back.



**Dependable, Quality Care with a Personal Feel.
Everything a Local Pharmacy should be.**



**Hometown
Pharmacy
& Gift Shop**

**640 State Route 20 in Sedro Woolley
360-503-1676 Open 7 days a Week**

Like us on Facebook 

Downtown Spring and Summer Flower Program

BY SHANE WALLEY FORMER SEDRO-WOOLLEY PUBLIC WORKS/PARKS EMPLOYEE 1977 – 2013

ONE OF THE THINGS THAT MAKES THIS TOWN BEAUTIFUL during the spring and summer are the hanging flower baskets that line the downtown streets. Locals, and tourists visiting downtown Sedro-Woolley, are greeted by a spectacular sight of giant baskets of petunias, geraniums, and assorted annual flowers. The story of how these flower baskets came to become a popular tradition in Sedro-Woolley began with my mother.

My mother, Betty Walley, was a lifetime Sedro-Woolley resident. Mother was a cook at Cascade Middle School during the 1960's, and she taught many of the children in town how to swim. Community folks who attended school during that era still talk about how

delicious her cinnamon rolls were! My mother had a great passion for Sedro-Woolley, and for flowers. In the late 1980's she went to Dick Suryan, the City Parks Department Supervisor at that time, with an idea to beautify downtown with flowers. They worked out a plan to add the first 68 baskets along Metcalf Street. In the second year of the program I was chosen as the new City Parks Supervisor and the number of baskets grew to 135 as we expanded to other downtown streets and throughout the city parks. The number of baskets gradually increased over the next few years peaking in early 2000. Visitors from as far away as England and Japan have written letters of appreciation for the flower baskets. In recent years the number of flower baskets has been reduced as funding has become less



available, however the original 68 baskets, coordinated by my mother, still remain.

I have always believed that the flower baskets have attracted people to downtown and once here, they experience what a lovely town Sedro-Woolley is, enjoying the shops, restaurants and old town ambiance. It was a pleasure for me to work for the city and keep the tradition going until my retirement in May 2013. A lot of work is required to maintain the flower baskets, and I'm pleased to say that current city staff has continued the tradition.

I'd like to give special thanks to Steve and Brenda Thompson from Thompson's Greenhouse for being the longtime supplier of the baskets. They do a fantastic service for the community. And thank you to the former Fruitdale Nursery, the Sedro-Woolley Chamber of Commerce and all of the private donors who have helped keep the flowers going over the years.

EDITOR'S NOTE: Even in retirement, Shane will not divulge the secret recipe for the fertilizer used in the baskets!





360-855-1551

www.northcascadeford.com

116 W. Ferry St., Sedro-Woolley, WA 98284

PART OF THE



**SEDRO-WOOLLEY
BURLINGTON
ARLINGTON
EVERETT**



➔ Anyone wishing to make a donation towards the flower basket program can contact the Finance Dept. at Sedro-Woolley City Hall, (360) 855-1661.

HAPPY BIRTHDAY North Cascades National Park Complex!

BY CHRISTIAN MARTIN NORTH CASCADES INSTITUTE • MARKETING AND COMMUNICATIONS MANAGER



Youth Leadership Adventures teens on their summer backcountry trip

THIS YEAR MARKS THE 50TH ANNIVERSARY of the establishment of the North Cascades National Park Service Complex, a sprawling reserve 1.5 hours east of Sedro-Woolley that includes North Cascades National Park and the Ross Lake and Lake Chelan National Recreation Areas. North Cascades Institute celebrates this milestone in the ongoing story of these mountains, and salutes the many people who, over the past century, have championed their protection, appreciation and stewardship. Because of earlier generations' forward-thinking activism and stewardship, these magnificent public lands are here today for all of us to enjoy, recreate, recharge and learn in!

For more than 30 years, North Cascades Institute has helped people of all ages and backgrounds explore, enjoy and learn about this special corner of the country. We are a nationally-recognized education nonprofit that offers many exciting ways to connect with the North Cascades.

■ **WANT TO ENJOY AN INSPIRATIONAL WEEKEND IN THE MOUNTAINS WITH YOUR CHILDREN OR GRANDCHILDREN?** Join a **Family Getaway** and connect with your family—and nature too—on the forested shores of Diablo Lake.
www.ncascades.org/family

■ **WANT TO EXPLORE “THE AMERICAN ALPS” ON YOUR OWN SCHEDULE?** **Base Camp** offers you the opportunity to explore and learn about the natural and cultural history of the North Cascades while enjoying the comforts of our campus on Diablo Lake in the heart of North Cascades National Park — one of only a handful of overnight venues inside the park!
www.ncascades.org/basecamp

■ **WANT TO LEARN IN THE MOST STUNNING CLASSROOM YOU CAN IMAGINE?** We offer dozens of hands-on **Learning Adventures**, including single-day and weekend classes on birding, photography, geology, wildlife tracking, journaling, mushrooms and more!
www.ncascades.org/classes

■ **ONLY HAVE A FEW HOURS AND WANT AN EASY, DELICIOUS WAY TO EXPLORE THE NORTH CASCADES?** Experience the epic beauty of the North Cascades this summer on a fun, interactive **Skagitour**, including Diablo Lake Boat Tours + Lunch, Powerhouse Insider Tours and the “Dam Good” Chicken Dinner + Night Hike.
www.ncascades.org/skagittours

NORTH CASCADES ANNIVERSARY EVENTS

AUGUST 25–26:
Weekend of events in North Cascades National Park at Newhalem with the National Park Service.
More info coming soon.

OCTOBER 6–7:
Harvest Dinner Celebration at the Environmental Learning Center featuring *Crown Jewel Wilderness: Creating North Cascades National Park* presentation with author & historian Lauren Danner, overnight accommodations, meals. Info and registration: <http://bit.ly/2rRX8Ln>

More info and registration at www.ncascades.org/noca-50

Driver's Ed and License Testing

Save \$35 with this ad!

- Classes are only 5 weeks!
- Lic. testing held on Fridays by appt.

Ask about our family discount *Since 1990*

Enroll online for Driver's Ed or Testing at udrivesafe.com

(360) 848-6200 | 303 State St, Sedro-Woolley, WA

1601575

The Future of Northern State

BY ANDREW ENTRIKIN
 COMMUNITY OUTREACH ADMINISTRATOR •
 PORT OF SKAGIT

During a routine inspection of the Sedro-Woolley Innovation for Tomorrow (SWIFT) Center, formerly known as Northern State Hospital, I think about the time this campus was fully integrated into the social-fabric of our community. I look around and see the "Spanish Colonial Revival style" of white stucco exterior walls and overhanging red roof tiles which create a warm, earthy, rustic look. Generous lawns and panoramic views disguise the deterioration of historic buildings and the original unified effect of the campus. Since the hospital closed in 1973 public access has been restricted, structures have not been maintained, and newer buildings are incompatible with the original design.

LOCAL PROBLEMS REQUIRE LOCAL SOLUTIONS

This once-prosperous economic engine of days past will soon serve as a steady source of good jobs for eastern Skagit County. And, your Port of Skagit is leading the way. Did you know the Port of Skagit is the only legislatively mandated entity in the county, together with the Port of Anacortes, authorized to engage in economic development? Local voters approved the creation of the Port of Skagit in 1964 to serve the economic needs of the county. It is important to point out the Port of Skagit facilities are not owned by the Commissioners or employees, but by you, the local voters and taxpayers of Skagit County.

Many people still remember the first SWIFT Center public meeting held June 5 2014. The State Department of Enterprise Services (DES), who currently manages the 225-acre property, was integral to starting the conversation. Today, DES continues to support the efforts of the Port of Skagit, City of Sedro-Woolley, Skagit County, and the many other project partners

who have made huge progress since the first meeting. In fact, I have never seen such collaboration at the local level. No wonder project partners received a 2017 Governor's Smart Communities Award! This project was recognized as a model of public-private partnerships applying planning tools to establish a framework for implementation of a community vision.

Since then, we have continued to engage our community and your input has guided the success of each milestone in the redevelopment process. For example, a considerable amount of work has been done to plan for redevelopment of the property into a center for technology and innovation, including completion of an adaptive reuse study, preliminary remedial investigation and feasibility study, subarea plan, planned action environmental impact statement and planned action ordinance, and conceptual design of proposed new manufacturing buildings (see photo).

In addition, a significant amount of due diligence has been completed to study

the condition of the property including completion of assessments of the campus-wide steam, sewer and electrical systems. Project partners also received an Environmental Protection Agency Brownfields grant and a Washington State Pollution Liability Insurance Agency grant for assessing existing contamination on the site. Protecting environmental features of the property including Hansen creek is paramount. We are now on track to move forward with June 30, 2018 as the date for transfer of the entire property to the Port of Skagit.

Through this process I have seen firsthand the efforts made by public and private partners to help build a prosperous economic future for our community. Together, we will leverage private investment with public funds to create a destination mixed use campus focusing on technology and innovation. Together, we will revitalize the historic campus while incorporating new buildings and structures that respect and complement the original design. Together, we will introduce and provide public access opportunities.

From all of us at the Port of Skagit we look forward to more sustainable living wage jobs and knowing our collaborative approach to revitalizing this historic property will benefit not only Skagit County but the entire State. Thank you, Sedro-Woolley, for your continued support!





It's That Time of Year S-W Farmers Market!

BY JEREMY KINDLUND

On any beautiful – or rainy – Wednesday afternoon from late May until mid-October, the Sedro-Woolley Farmers Market may be found at Hammer Heritage Square in downtown Sedro-Woolley.

Founded in 2001 by a group of local farmers, business people, and citizens led by then-Sedro-Woolley Chamber of Commerce Director Ken Cornett, the Sedro-Woolley Farmers Market quickly developed a loyal following, becoming a lively and vibrant part of the community.

Originally held outside the Feed Barn near the Iron Skillet restaurant, the Sedro-Woolley Farmers Market moved to Hammer Heritage Square in historic downtown Sedro-Woolley in 2006, where it has found a permanent home around (and even sometimes inside) the gazebo.

Offering goods from fresh produce, eggs and local meats to prepared foods and crafts, the Sedro-Woolley Farmers Market is open from 3–7pm every Wednesday beginning May 23 until October 17.

From its humble beginnings, the Sedro-Woolley Farmers Market has grown and blossomed until it now features live music, cooking demonstrations using Farmers Market produce, children's programs and gardening advice, along with fresh eggs, hand-crafted jewelry, garden-fresh flowers, tasty kettle corn, organic beef and pork, and lovely produce plus many other offerings.

Accepting cash, checks, debit cards and Food Stamps, the Sedro-Woolley Farmers Market is accessible to all. As a result of special grants obtained by the Market, Food Stamps are doubled onsite upon visiting the Market booth.

Every week at Hammer Heritage Square, the Sedro-Woolley Farmers Market provides a warm, friendly environment where community members and visitors alike are welcomed to shop, browse, just hang out, and even eat dinner or a late lunch. With its convivial atmosphere, the Sedro-Woolley Farmers Market is the best place to be when in Sedro-Woolley on Wednesdays. Don't miss it!



For more information, telephone (360) 202-0446 or visit www.sedrowoolleyfarmersmarket.com.

United Fitness Center

Spring into Action
No Contract. No Enrollment Fees.

MAY PROMOTION: Buy three months and get the fourth month free. *For new members only.*

JOIN US for a FREE visit or call (360) 854-0247



William "Bill" Newburg shown with Dale Evans and Roy Rogers

▲ The President of Chrysler – William "Bill" Newburg, graduated from Sedro-Woolley, class of 1929.

- A Sedro-Woolley boxer named Billy Corbett, aka Lanzo, sparred with Rocky Grazino.
- Henry Ford visited Sedro-Woolley's Skagit Steel and Iron Work in the 1920's.
- Baby Peggy, a child silent movie actress, visited her grandparents here in 1926.
- Sedro-Woolley had a Vice-Presidential candidate, William Morley Bouck, in 1924.
- Sedro-Woolley had the first paved road called "The Dollar Way".

NELL QUACKENBUSH WHEELER (THE LADY THAT OWNED AND KEPT THE PHONE SYSTEM WORKING) MADE RIPLEY'S BELIEVE IT OR NOT IN THE 1930's.

- Sedro-Woolley had the first college trained doctor (a woman) in the area and most likely the third in the state.

➔ To learn more about these fun facts, visit the Sedro-Woolley Museum, 725 Murdock St.

If you have a story that is part of the history of Sedro-Woolley, and if you would like it to be considered for publication, please email your story to Jana Hanson at jhanson@ci.sedro-woolley.wa.us

Sedro-Woolley, the only Sedro-Woolley on Earth

Facts you may not know

BY CAROLYN FREEMAN S-W MUSEUM DIRECTOR

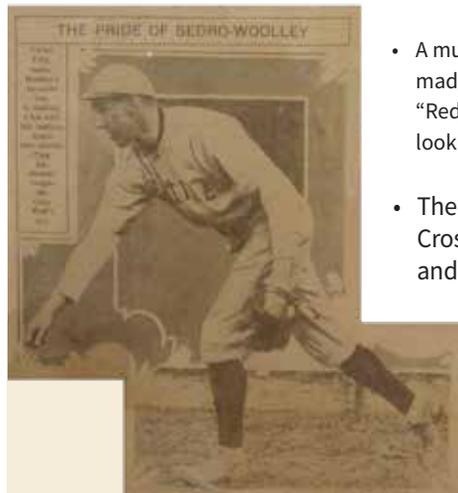
- County Campfire Girls were started in Sedro-Woolley by Carrie Kirby. The Kirbys donated the land on Samish Island for Camp Kirby.
- Sedro-Woolley made the National news when Tusko (the elephant) ran amuck in town in 1922. Front page of the New York Times, Chicago Tribune, etc.

THE PIONEER PICNIC WAS STARTED IN SEDRO-WOOLLEY BY SEDRO-WOOLLEY RESIDENTS.

- A couple of years ago the Sedro-Woolley community Thanksgiving Dinner was picked up by the Associated Press and published in the San Francisco papers.
- Sedro-Woolley had the first hospital in the area, Saint Elizabeth.

▲ Sedro-Woolley had the first high school annual in the county.

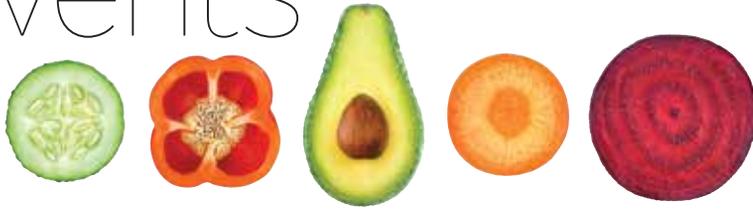
Criterion Club Annual – 1901



- A murder that took place in town in the 1940's made a national crime magazine. Article entitled: "Red Roses for a Blue Lady Murder". (We are still looking for the magazine!)
- The Skagit County chapter of the American Red Cross started in Sedro-Woolley, during WWI, and its headquarters were in Sedro-Woolley.

◀ Sedro-Woolley's Vic Pigg and Sunny Jordan were both major league baseball players.

Events



May 23rd • **Opening Day for the Farmers Market**



BLAST FROM THE PAST!

Blast from the Past will celebrate the year 1968. This annual event is held the first weekend in June—June 1, 2 & 3!

THERE'S LOTS TO ENJOY AT THE BLAST FROM THE PAST

including a family friendly color fun run/walk on Saturday morning; the annual car show presented by Dwayne Lane and hosted by Les Schwab on Sunday; and throughout the event Local 20 Taproom will be hosting a Beer Garden on Woodworth. Live music will be back, great vendors up and down Metcalf Street and all around family fun, with water balls, hula hoops and jump rope contests!

Come cheer on Jason Miller, David Bricka, Mike In the Morning (if he's able) and all those who can jump rope for more than three minutes and who are brave enough to participate in the Annual Jump Rope contest that has turned friends into foes.



June 16th
Eagle Haven Winery
Concert Series
 Blue Grass Festival
 2:00-9:00pm
www.eaglehavenwinery.com

Sedro-Woolley Alumni and Schools Foundation



Brock Stiles & Barbara Ward Thompson

SEDRO-WOLLEY HIGH SCHOOL

ALUMNI Annual All-Class Picnic will be held Saturday July 14, 2018 at Riverfront Park in Sedro-Woolley. Gates open at 11:00 am. NO RESERVATION REQUIRED THIS YEAR. Food vendors will be available on site or bring your own picnic lunch. A \$5 admission to cover costs is payable at the door. Meet up with your fellow CUBS! If you have class signage, bring it! If your class plans to erect a tent, please contact us via email with dimensions. This is one of the most popular summer events in Sedro-Woolley!

SedroWoolleyHSAlumni.official@gmail.com
 And join us on Facebook:
<https://m.facebook.com/SWHSCubs>



Since 1990





360-428-1900
 or see our online form for a
FREE ESTIMATE
skagitroofing.net
 Jim Hjelt, Owner LIC#SKAGIRK949QP

EVENTS



JULY 2
 8:00am–5:00pm • Chainsaw Carving
 11:00am–7:00 pm • Arts & Crafts
 11:00am • Carnival Opens
 1:30–2:45pm • Quick Carve & Auction @ 5:00pm

LOGGERODEO



JULY 3
 8:00am–5:00pm • Chainsaw Carving
 11:00am–7:00pm • Arts & Crafts
 11:00am • Carnival Opens
 1:30–2:45pm • Quick Carve & Auction @ 5:00pm
 2:00pm • Greg Bisbey Log Exhibition
 6:00pm • Pro-West Rodeo



JULY 4
 8:00am–1:00pm • Chainsaw Carving
 9:30am • Footrace @ Metcalf and State
 10:00am • Eagles BBQ in Parking Lot
 11:00am • Grand Parade @ Metcalf Street
 11:00am–7:00pm • Arts & Crafts
 11:00am • Carnival Opens
 1:30pm–2:45pm • Quick Carve & Auction @ 3:00pm
 2:00pm • Pro-West Rodeo
 2:00pm • Greg Bisbey Log Exhibition
 10:00pm • Fireworks

JUNE 29 • Carnival Opens
JUNE 30
 8:00am–5:00pm • Chainsaw Carving
 9:00am–4:00pm • Fireman's Competition
 10:00am–12:00pm • House and Business Judging
 11:00am–7:00pm • Arts & Crafts
 11:00am • Carnival Opens
 1:30–2:45pm • Quick Carve & Auction @ 5:00pm
 6:00pm • Kiddie Parade
 7:00pm–10:00pm • Street Dance
JULY 1
 8:00am–5:00pm • Chainsaw Carving
 11:00am–7:00pm • Arts & Crafts
 11:00am • Carnival Opens
 1:00pm • Beard Contest
 1:30–2:45pm • Quick Carve & Auction @ 5:00 pm



2018
 RODEO QUEEN
 ALLYSON
 KNUTZEN

➔ For more information on the events, times and locations please visit: www.loggerodeo.org

PHOTO CREDIT FOR RODEO IMAGES ANDY PORTER AND PORTER IMAGES.COM

PHOTO CREDIT MICHELLE RAINY • R6IMAGES

EVENTS



July 14th
**Eagle Haven Winery
 Concert Series**

Troy Fair Band
 7:00-9:00pm

JULY 21

- **Little League State Championships Opening Ceremonies** at Tesarik Fields and first games at Janicki Fields.
- **Little League Block Party** Downtown Sedro-Woolley at Hammer Heritage Square around 4:00pm



**Sedro-Woolley Little League hosts the 2018 11-12
 Year Old Little League State Baseball Tournament
 July 20-29th**

**13 DISTRICT CHAMPIONS FROM THE STATE OF WASHINGTON
 WILL PLAY.**

The winner will represent Washington State in the Western Regional Tournament in California. The tournament will consist of 24 games held at Janicki Fields. Final championship game will be held at Tesarik Field on Metcalf Street, Saturday July 29 at 12:00pm.

For more information regarding tournament scheduling and game play contact District 11 organizer Jim Wheat at da11wa@yahoo.com. For sponsorship opportunities, Little League donations, or participation contact Mike Harward at harward15@gmail.com. For information regarding Sedro-Woolley, including activities, accommodations and services please email ian@thelibertybistro.com



Woolley Fiber Quilters
 present their ninth annual quilt show,
"SHADES OF THE NORTHWEST"

WHEN: July 13 10am - 5pm
 14 & 15 10am-4pm

WHERE: Cascade Middle School,
 905 McGarigle Road, Sedro-Woolley

250+ quilts will be on display along
 with a member boutique,
 quilting demonstrations and vendors.

There will also be a raffle
 drawing for a quilt!

ADMISSION IS \$3



**AMERICAN LEGION
 BREAKFAST**

Open to the Public
 3rd Sunday of Every Month

TIME: 8:00am - 11:00am

LOCATION: American Legion Post #43
 701 Murdock Street, Sedro-Woolley

FEES/ADMISSION:

\$8 Adults
 \$5 Children 10 and under

BREAKFAST CONSISTS OF:

Eggs to Order
 Bacon, Sausage Links, Ham
 Omelets: Western Ham & Cheese
 Or Just Cheese
 Hashbrowns, Biscuits & Gravy,
 Pancakes, French Toast

**THE SEDRO-WOOLLEY
 MUSEUM & GIFT SHOP**



725 Murdock Street, Sedro-Woolley, Washington 98284

Wednesday
 Noon to 4 p.m.

Thursday
 11:30 a.m. to 3:30 p.m.

Saturday
 9 a.m. to 4 p.m.

Sunday
 1 p.m. to 4 p.m.

360-855-2390

EVENTS



FOR HIGH SCHOOL SPORTING EVENT SCHEDULES

Please visit NWCathletics.com the official website for Northwest Conference High School Athletic Programs. Click on the Sedro-Woolley link for all sporting event schedules.

Cascade PIZZA INN

**A Family Favorite for over 41 YEARS.
WE DELIVER 7 DAYS A WEEK**

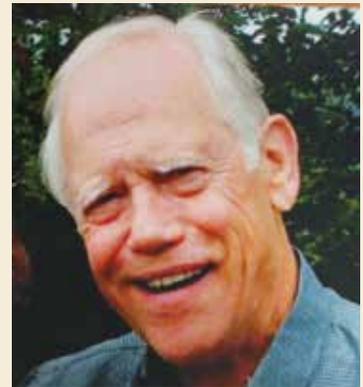
852 Highway 20
Sedro-Woolley
www.cascadepizza.net
360.856.1136

Pizza • Pasta
Baked Italian Dishes
Kids Menu
Famous Grinders
Salads
10 Beers on Tap

f CascadePizzaSkagit | 11am – 10pm | DINE IN • TAKE OUT • DELIVERY

Museum Events

- **MAY 19**
“River to Road” exhibit opening
- **JUNE 1-3**
Blast from the Past
- **JUNE 2-3**
Visit our sidewalk sale in front of the Museum
- **JUNE 3**
Open House



- **JUNE 16**
Book reading and signing with John Sandifer—local King 5 TV Broadcaster and Producer—1:00pm
- **JULY 4**
Museum is open after the parade
- **JULY 28**
“Skagit Steel & Iron Works” exhibit opening
- **AUG. 18**
Sedro-Woolley Brothels
—Learn about the famous brothels and visit displays

HUB CITY ANTIQUES & FERRY STREET ANTIQUE MALL



Always looking for Quality Antiques
100 Ferry Street | Sedro-Woolley | (360) 855-4136

OPEN EVERY DAY! 10 – 5 | OVER 30 VENDORS!



VILLAGE CONCEPTS

ASSISTED LIVING • MEMORY CARE • SENIOR APARTMENTS

*creating a village
that feels like family*

Our Family Caring for Yours Since 1975



Bill Brown
Founder



Steve Brown
President & CEO



Stuart Brown
Chief Operating Officer

Village Concepts represents three generations of proud family tradition.

Contact us today to find out how our family can support yours.

See all 17 locations on our website: www.villageconcepts.com

Welcome to Village Concepts of Sedro-Woolley!



Country Meadow Village

Retirement & Assisted Living

Sedro-Woolley, WA

Featuring Village Concepts University

*A revolutionary activities program
promoting lifelong learning.*

Call Today: (360) 856-0404



Healthcare you want, where you want it.

No need to travel far when your neighbors at PeaceHealth are right here to care for you. PeaceHealth's Family Medicine providers in Sedro-Woolley and Burlington deliver personalized care for each member of your family to help you get well and stay well.

Our Family Medicine clinics are open
Monday – Friday, 8 a.m. – 5 p.m.

United Family Medicine, 360-856-7230

**Sedro-Woolley
Family Medicine**, 360-855-1411

Burlington Family Medicine, 360-856-7960
(Burlington Walk-in clinic hours:
Monday – Friday, 9 a.m. – 6 p.m.)

Immunizations and screenings ■ **Sports physicals**
Preventive care ■ **Same-day appointments**