

# What Can I Do?

Following a few simple steps, you can help prevent sewer backups and spills:



1. Pour cooled fats, oils and grease into a covered, disposable container and throw it into your garbage. Never pour fats, oils or grease down sink drains or toilets.

2. Soak up remaining oils and grease.

3. Before you wash dishes, scrape food scraps, fats, oils and grease in your compost or trash.



4. Avoid your garbage disposal. Use sink strainers to catch any remaining food waste while washing dishes.

5. Perform regular sink drain maintenance by mixing one cup each of baking soda and white vinegar and pouring it down the drain. Wait 15 minutes, then flush thoroughly with very hot water. Do not use method if a commercial product was recently used to remove the blockage.

For more information, contact (360) 856-1100 or visit us at [www.ci.sedro-woolley.wa.us/PublicWorksWastewater/main.htm](http://www.ci.sedro-woolley.wa.us/PublicWorksWastewater/main.htm)



Place  
Stamp  
Here



City of Sedro-Woolley  
325 Metcalf Street,  
Sedro-Woolley, WA 98284

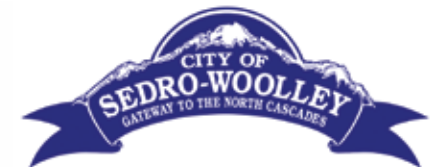


Please contact City of Sedro-Woolley  
for copies 360-856-1100

SEDRO-WOOLLEY RESIDENTS

# Fight F.O.G.

Keep Fats, Oils & Grease  
Out of Your Drain!



325 Metcalf Street,  
Sedro-Woolley, WA 98284



# What is F.O.G.?

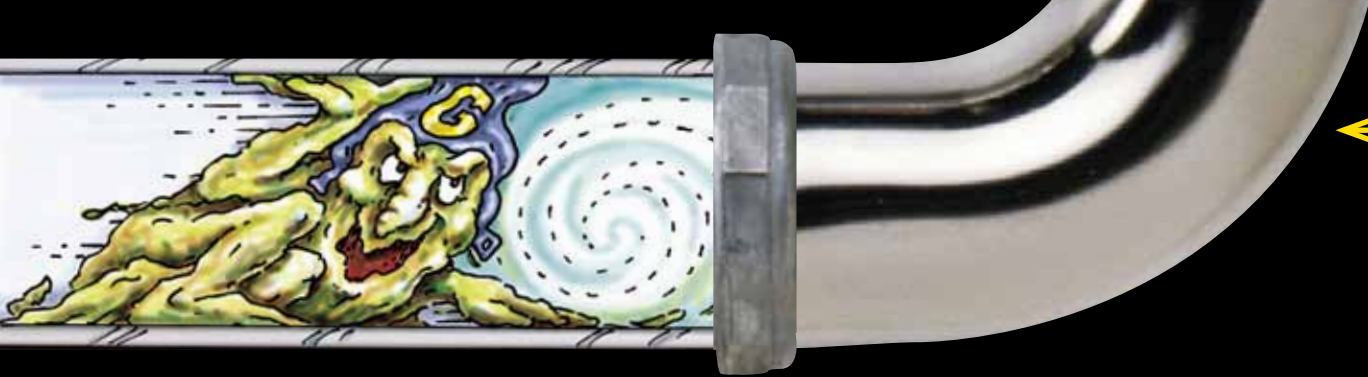
**F.O.G.** stands for **Fats, Oils & Grease** and are found in common food and food ingredients such as: meat, fish, butter, cooking oil, mayonnaise, gravies, sauces and food scraps.

If poured down the drain or into your garbage disposal, F.O.G. will build up over time by sticking to your side sewer. This could eventually cause an expensive sewer backup into your home or our natural water system.

# How does F.O.G. affect me?

**Improper Disposal of F.O.G.** causes up to a third of all sewage overflow problems in Sedro-Woolley. This can result in potential public health issues and pollution problems.

**Homeowners and Businesses** may be held liable for ALL clean-up costs related to a sewer backup. Such costs can include damage to adjoining personal property, parking lots, streets, and cost to relieve and repair sewer systems due to backup. For a list of Prohibited Discharges, see Sedro-Woolley Municipal Code 13.24.050 on the City of Sedro-Woolley web site.



**By keeping these guys out of the drain, you directly help the City of Sedro-Woolley keep costs low for everyone.**